"I have an amazing Key Worker that works with myself and my daughter, helping us with coping strategies and information about FASD.

Within months of working with the program it has made huge changes in our family and for our daughter. This is an awesome program."

- MB Key Worker Program participant





Intake forms available at www.ierha.ca
under Care in your Community

under *Care in your Communit*y via *Community Services*



Community Health Office

Selkirk Office Beausejour Office Ph: 204-785-7548 Ph: 204-268-7485 Fax: 204-785-7698 Fax: 204-268-4194



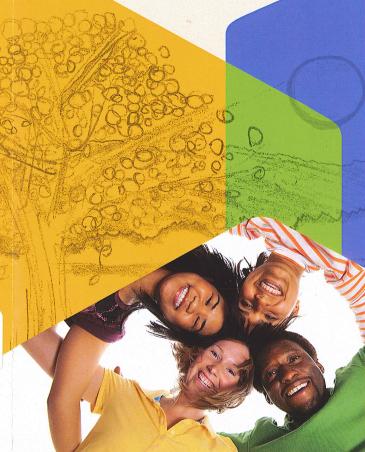
Interlake-Eastern

Funding provided by the Manitoba Government





Integrated Support for Caregivers and Individuals Affected by Prenatal Alcohol Exposure





The Manitoba Key Worker Program will:

- Provide in home support to families caring for children or youth with FASD or confirmed prenatal alcohol exposure
- Help families to understand FASD by providing education, awareness, and information specific to the needs of the child or youth
- Advocate for establishing a network designed around the child's needs and their strengths in home and in school
- Assist in accessing support services by building partnerships in the community and collaborating with services such as schools, mental health workers, and Child and Family Services
- Work with community partners to raise awareness of FASD within the community

Key Workers:

- Assist families in accessing support, health, and education services and are involved in enhancing local support services
- Recognize that each family is unique and understand their role as one that builds on the strengths of the individual and the family
- Work with parents, family members, adoptive parents, caregivers, individuals with FASD, and service providers in identifying ways to adapt the environment in response to specific needs
- Empower the family to become their own best advocate
- Supplement and enhance but do not replace existing community resources

Eligibility

Our program has two Key Workers in Selkirk offering services to caregivers of children or youth:

- Diagnosed with FASD or confirmed to have prenatal exposure to alcohol
- Who are 0 21 years of age
- Living in Selkirk or rural communities within a one-hour drive

